



SmartLife has had a gratifying month in November with activities across a variety of our projects. We continued delivering on our goal to educate our blue-collar friends for a better tomorrow through SmartReading, SmartRelaxtion and SmartWoman. We also worked closely with sponsors for the betterment of the community through a range of diverse sponsorships via SmartDistribution.

As we move into December 2022, we look forward to celebrating the festive season with our community!

SmartReading

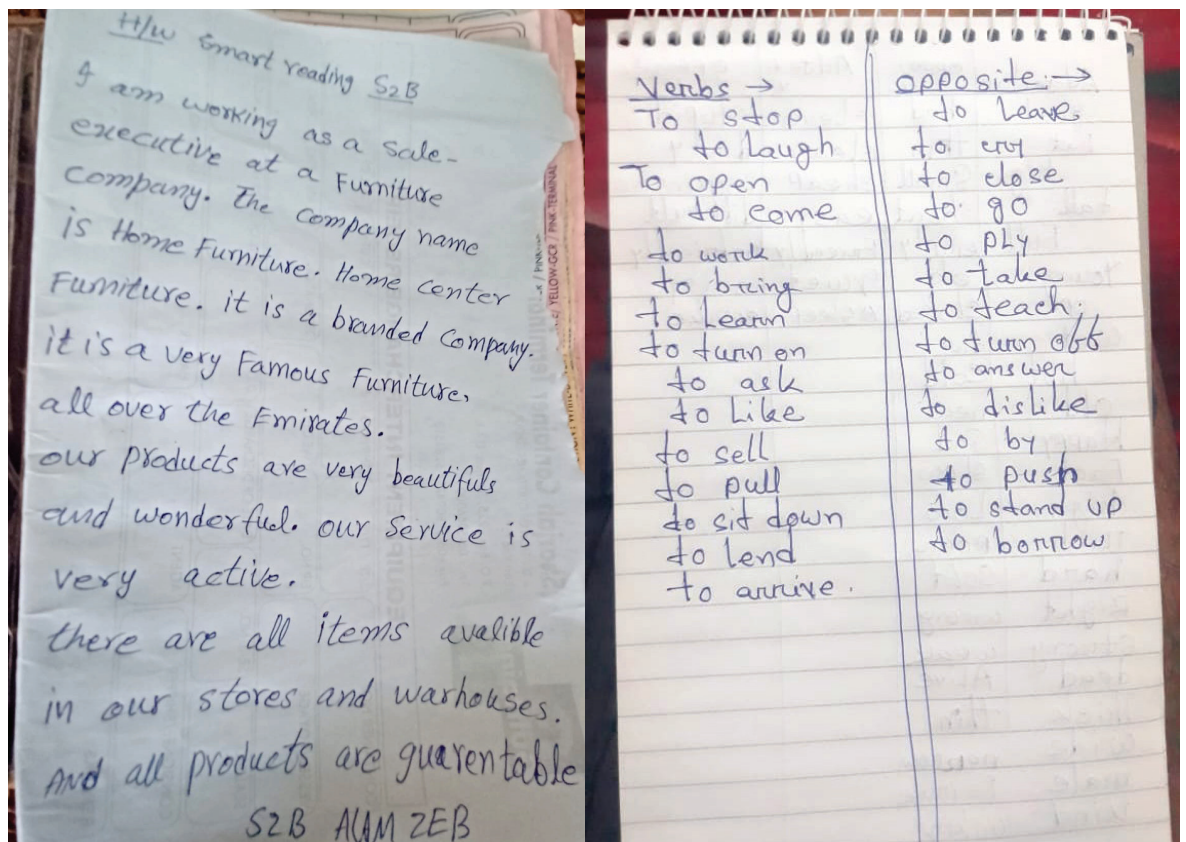
The 2022 H2 intake that began in September is completing 3-months of classes in November. December will end with a review class followed by course-ending examination in January, when this intake will come to a close.

Lessons have progressed very well, Hindi, Urdu and other regional languages are being slowly phased out with the conversation almost entirely in English at the senior and junior level. The pre-BC and BC (Beginner's classes) are confidently moving more into English and less of other languages, with students delighted about this new-found confidence that they have gained.

The student Whatsapp groups are witnessing a flurry of activity with homework being submitted, corrected by the teachers and a whole lot of meaningful interactions happening there!

A few snippets from our students' work!

The work might still have mistakes, but it is still their 'confident effort', which makes us so proud of them.



SmartRelaxation

November saw the start of an engaging, virtual program for SmartRelaxation in collaboration with Al Ghurair Group.

The program, aimed at workers of the AG Printing and AG Cars units of Al Ghurair Group, teaches participants relaxation, breathing and meditation techniques. The objective is to provide attendees with tools to reduce stress, improve productivity and long-term health.

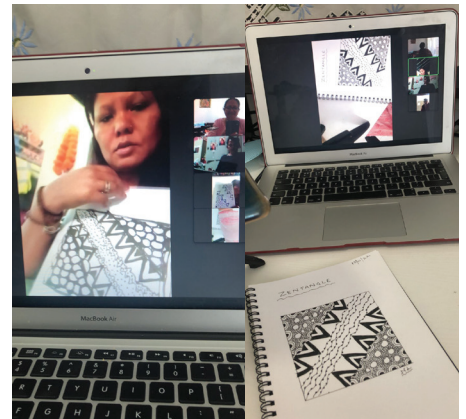
3 webinars have been held so far with up to 45 workers attending each session. We have received positive feedback from both participants and Al Ghurair Group management and are looking forward to continuing our work with the organization.



SmartWoman

SmartWoman worked with the ladies from GEMS camp in November 2022 conducting a Zentangle session with them.

Zentangle is a form of meditative drawing that promotes relaxation, focus, and creativity - we could see all of this coming through as the participants took on the challenge of creating beautiful images. The session ended with smiles all round the room, and attendees asking for more!



SmartDistribution

SmartDistribution had another successful month in November 2022 having helped over 1,000 people from the blue-collar worker community.

A generous sponsor distributed 500 packs of cooked meals including a main meal, fruit and dessert. Workers were overjoyed with the distribution and were seen enjoying their delicious meal after a hard day's work. The team at Hilton Hotel prepared and handed out 500 hygiene packs to the ladies at the Farnek Cleaning camp. There were smiles all-round the camp as the women received their individual packs. Lastly, 40 handmade, beauty products were offered to a few lucky ladies at a camp in Al Quoz.

With many sponsors keen on spreading festive cheer, we are looking forward to an activity-packed month of December 2022!



SmartComputers

Devices – laptops, desktops, fancy SmartPhones that are at times smarter than us (!) – can be daunting to the best of us. Hence when 6 of our blue-collar friends attend a full-fledged course for over 5 ½ months, get supremely comfortable with the basics of Word, power point presentation etc, it is indeed a momentous occasion for us from SmartComputers and more importantly for them. With the exam behind them and having aced it creditably, the 6 students are now waiting for their certificates and prizes of merit that SmartLife will be awarding them.

Next on our agenda is to take the program to Gems ladies camp and to offer it to the eager women who are keen to empower themselves with the knowledge of computers. We look forward to this session with them too.