

SmartMedic

In November, a medical camp was organized in collaboration with Pakistan Medical Association at Sobha camp in Al Quoz.

With over 285 registrations, workers were screened for vital tests and consulted with 4 General Practitioners and 2 Endocrinologists. 95 patients were prescribed and provided with basic medicines. Further tests and procedures were recommended for 78 patients who will be taken to the medical centre in two batches. These medical tests are an essential part of ongoing healthcare and we were privileged that we could provide the same for the camp residents.

Alongside the medical camp, 2 wellness sessions were also held - one by Farhana Khan from SmartLiving speaking about self-harm and substance abuse, and the other by Dr. Vyapti Joshi who spoke on personal hygiene, healthy sleeping habits and alcohol / smoking abstinence.

Eight aspiring senior school students who would like to take medicine as their carrier also volunteered.

Thank you to the doctors, speakers and camp management for making the sessions a reality.

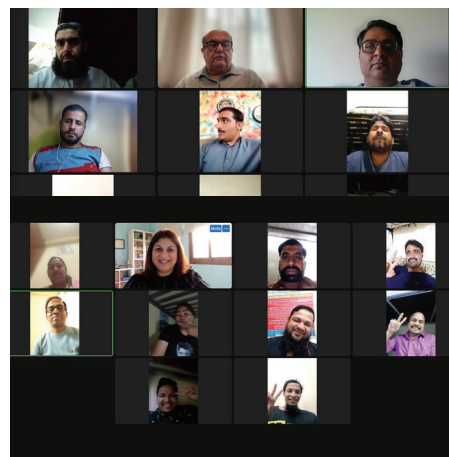


SmartReading

November found just 2 sessions being held and we say this with no regret; the selfless teaching team requested a break for Diwali on 12th and our students with their fervent passion for cricket desired a holiday on 19th November to watch the ICC Men's Cricket World Cup Finals and we did not want to play spoilsport – pun intended!

Our students are deeply invested in the program and we all look forward to the next 2 months of serious learning, with exams scheduled to be held mid January.

Homework given to them is meticulously done and corrected, questions answered in the student-teacher WhatsApp groups and the connection between teachers and taught are not just from one Sunday to another, but through the week.



SmartElders

With a passion for supporting our elderly blue-collar community, SmartElders initiated a 6-week program in November with the Sobha camp in Al Quoz, Dubai.

The program started with Dr. Shweta Adatia guiding attendees on goal-setting so they can easily plan for and manage their post-retirement life. The mental health vertical was conducted by Dr. Umesha Kothari who raised awareness on the importance of work-life balance, happiness and feeling gratitude for what we have at the moment.

Moreover, the physical health vertical consisted of a medical camp where workers were screened by a General Practitioner and an Endocrinologist with medication and further testing recommended if needed.

In the last week of November, a session was conducted by Nilay Ranjan, CEO of State Bank of India in Dubai, who offered guidance on financial planning/investment and schemes for housing, loans, recurring deposits, accidental insurance and many more financial instruments.



SmartEnglish

In November, SmartEnglish continued their spoken English lessons for 16 Bangladeshi participants from the Al Nabooda camp. The weekly sessions focus on increasing vocabulary, composing simple sentences and improving students overall self-confidence through group presentations, symbolic play, role play and various other activities.

During the course of the project, it has been exciting to see students learn the name of fruits and vegetable, body parts, picture-based conversations and hobbies.

We continuously encourage our students to work with a “buddy” to increase their fluency in English and have seen them make tremendous progress over the weeks.



SmartWoman

In November, SmartWoman and Emrill Services camp celebrated the Festival of Lights, Diwali, with grand fervor and enthusiasm. The party, organized by the SmartWoman team, saw 60 ladies from different countries celebrating through participating in a rangoli competition, fashion show and many other games. Prizes were handed out and a dinner box was shared amongst the attendees. All the women enjoyed themselves thoroughly, leaving the party with huge smiles and wonderful memories.

SmartWoman also held two self-defense sessions for 60+ women from the Transguard and Ejadah camps. Self-defence helps women develop confidence by teaching them to stay calm and respond mindfully in difficult situations. The speaker, Irene Fenart of the Rotaract Club, Dubai, spoke about the importance of being situationally aware of your surroundings and identifying ways to exit an unfavorable environment to avoid conflict altogether. She also demonstrated many practical ways of getting out of tricky scenarios safely through non-confrontational techniques.

The attendees enthusiastically participated throughout the sessions and walked away feeling stronger and more confident in themselves.

