



SmartSupport's (Consulate & Humanitarian Services) Bid To Support Workers Needing Amnesty

SmartConsulate collaborated with the Rotaract Club of Downtown, Consulate of India and the Permanent Committee for Labor Affairs (PCLA) to educate workers on the opportunity to take the recently announced visa amnesty. A comprehensive and wide-reaching campaign was organized in major parts of the city and its outskirts to educate undocumented residents about legalizing their status, extending their stay or returning to their home country.

As part of the campaign, Lawyer Mahadevan, the former president of the Rotary Club of Downtown and dedicated patron of SmartLife, participated in an enlightening interview on Radio FM 89.4, addressing questions from the community and raising awareness on the Amnesty program. Moreover, in partnership with SmartJobs, SmartSupport effectively identified corporations who were eager to provide job opportunities to qualified candidates committed to remaining in the UAE. Lastly, SmartLife held close and fruitful discussions with Mr. Abdullah Lashkari, the Secretary General of PCLA, on planned activities of the Amnesty program for the next two months.

Fully equipped with the necessary approvals, SmartSupport is poised to support both the worker community and the government in the Amnesty initiative over the upcoming months.

SmartMedic Continues Its Awareness Campaigns

August was another busy month for SmartMedic with a focus on promoting health and wellness awareness amongst the community.

The project held a number of informative Alcohol Abuse Awareness sessions across various locations of Al Ghurair Engineering. These engaging seminars took place in Jebel Ali, Sonapur, Al Quoz, and Ras Al Khaimah and collectively reached more than 500 workers. Similar awareness workshops were also held for newly hired riders at Noon at their Jebel Ali location. Four compelling sessions led by certified counselor and education expert Ms. Haleema Tanveera, alongside SmartLiving counselor Lakshmi and wellness coaches Rahul and Kriti, were attended by 240+ participants. The sessions at Al Ghurair and Noon aimed to educate participants about the risks and detrimental effects of alcohol abuse, highlighting the importance of awareness in maintaining both personal and professional well-being.

In addition to this, SmartMedic organized an impactful Blood Donation Camp at EFS Facilities Management Services Group in collaboration with Emirates Health Services. The message "A single pint (approx 450ml) can save four lives, a single gesture can create a million smiles" was the sentiment of the day with 90 donors volunteering to demonstrate their generosity and commitment to saving lives.



SmartCup is back!

This year, we're excited to introduce Football alongside our usual Cricket tournament.
For Team registration & sponsorship, check the last page of this newsletter.



SmartSenior Citizens & Single Mums

A Month of Promoting Health and Awareness

The project held its second meeting end August, with a dozen happy senior citizens, ranging from 65 to 85 years of age, assembling for a morning of beautiful bonding. Having met each other once before, their excited chatter filled the SmartLife office meeting room, reminding us of a school re-union of long-lost friends!

This camaraderie is precisely what we wanted to achieve and establish, hence the meeting got off to a very promising and positive start.

First to present was Ms. Kajal Gandhi who led the group through stretches, breathing techniques for total relaxation of mind and body, concluding with laughter therapy and some high-volume contagious laughter, shedding layers of inhibitions.

Soon followed a talk by Dr. Vyapti Joshi, who spoke on the subject of digestive disorders, simple life-style remedies available in our own kitchens – from cardamom, jaggery to ginger – and the learning that happened by listening to Dr. Joshi was immense.

For the fun element, we celebrated birthdays of August-born senior citizens, replete with making a wish, blowing candles, accompanied by full-throated singing with gusto by the rest of us.

The meeting ended on a high note with the SC's asking us ``how soon will the next meeting be``, which is testimony to a meaningful morning, with the right balance of learning and laughing.

**Contact: for senior citizen and single mum / dad
registrations: 050-4507946 (Whatsapp only)**



Keeping the Momentum:

SmartBuddy Bridge Class Success

Following the success of the SmartBuddy pilot project, we took proactive steps to sustain the momentum of learning by introducing a Bridge Class for students who received Basic English training during the second quarter of the year. The goal was to keep students engaged and on their learning trajectory without losing the interest generated until the scheduled Main Course restarted in September. A total of 22 active students and 6 dedicated teachers participated in the program. In addition to English, Basic Mathematics was also introduced in the Bridge Class. Students enthusiastically embraced this new challenge, eagerly learning foundational mathematical concepts alongside their ongoing English Language studies.

Starting September, we will seamlessly transition learners to the Main Course including lessons on English, Mathematics and Science, providing a comprehensive foundation in primary education for the students.

SmartLiving's Transformative Summer Camp 2024

SmartLiving launched an enriching two-month summer camp program during July and August, focusing on the mental and physical well-being and empowerment.

In August, the program targeted the Emrill Ladies Camp; skilled facilitators conducted a series of interactive and informative sessions on mental health and well-being, fitness, alcohol abuse awareness, personal finance management and legal awareness. Through these sessions, participants gained valuable insights into managing daily stressors and learned effective strategies for handling workplace conflicts. They were also introduced to basic yoga practices and meditation techniques designed to enhance both mental and physical well-being. Additionally, participants were made aware of their legal rights including important do's and don'ts for expatriates living in the UAE. Lastly, ladies at the camp received guidance on achieving financial independence through practical finance management skills, empowering them to take control of their financial futures. We would like to thank Mr. Abhijeet, Ms. Bhargavi, Mr. Mahadevan, Ms. Gayatri, Ms. Reshmi, Ms. Laxmi, Mr. Abdullah, Mr. Rahul, Mr. Fadi and Ms. Kriti all of whom were an integral part of this summer camp program.



Empowering Women through Holistic Workshops: **SmartWoman**

In August 2024, SmartWoman led a series of empowering sessions specifically designed for female front-line workers.

Held at the Transguard Ladies Camp, with the support of expert speakers (Ms. Nisrine Douma, Ms. Haleema Tanveera, Dr. Ameer Agnihotri and Ms. Shikha Bhatia) the workshops focused on a range of important topics: relaxation techniques, personal grooming, postural awareness, fitness and yoga. Ms. Kajal Gandhi also held a similar session at Ejadah Asset Management Group which was both insightful and educational. Through the sessions, participants were equipped with practical tools aimed at enhancing their well-being, boosting their confidence and promoting overall health. The engaging methods introduced by the presenters left attendees feeling refreshed, empowering them to tackle their daily responsibilities with renewed energy and a sense of calm.



Empowering Women through Crochet Program

We are excited to introduce our new brand, **SmartHands** by SmartLife, through which all our handmade crochet dolls will be sold.

Over the past three months, SmartLife has launched an inspiring initiative under SmartWoman to empower women through crochet training. With guidance from dedicated volunteers, participants have learned to create beautiful crochet dolls, turning a simple craft into a sustainable livelihood. These dolls reflect their creativity, resilience, and hard work. Soon, they will be available for purchase online, providing financial support and motivation.

Join us in this meaningful journey by volunteering & sponsoring to empower more women.



lets play cricket for a cause



**WHITE-COLLAR AND BLUE-COLLAR WORKERS
JOIN FORCES FOR A UNIQUE TOURNAMENT.
A CSR INITIATIVE THAT ANY ORGANIZATION
CAN TAKE PRIDE IN!**

SMARTCUP SUCCESS STORY

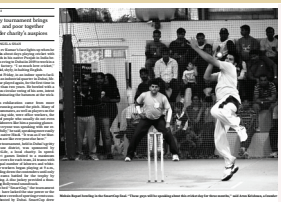
For 12 years, we've successfully hosted annual cricket events. With participation from 150+ corporations and consistent support from dignitaries, our event has been widely covered by major media outlets. To date, 30,000 blue-collar workers in Dubai have benefited. 2024 fund will be utilized for supporting blue-collar worker's children education.

INDOOR GAME RULES

- ▶ 8 Players - 4 White Collars & 5 Blue Collars (1 substitute).
- ▶ 8 Overs / Innings | 6 Balls / Over
- ▶ Minus 5 runs / Dismissal
- ▶ Each player bowls 1 Over.
- ▶ Batting team bats as 4 pairs, Each pair bats for 2 overs (Even if they are dismissed).
- ▶ Minus 5 Runs for incorrect uniforms.

SMARTCUP TERMS

- ▶ Each team of 8 players (plus 1 substitute) must include at least 4 blue-collar players.
- ▶ Please provide proof of Blue collar status through name and salary during registration (Blue collar players have a salary of below AED 3,000 per month)
- ▶ Each team should have a team manager (SmartLife will contact only this manager)
- ▶ Registration form will be sent to you by mail
- ▶ All players will be provided with food, beverages & t-shirts
- ▶ Only Blue Collar players will receive tracks and shoes in addition
- ▶ Only T-shirts provided by Smartlife should be used
- ▶ Transport to and from venue for both white & blue collar players to be arranged by the company
- ▶ For In-depth rules: www.insportzclub.com



The
New York
Times

CNN

الإمارات
الوظائف

TheNational
GULF NEWS

DUBAI
one

105.4
RADIO
SPICE



Total prize money

AED **15,000**

Team Registration

AED **2,500** +vat

24 Teams

17 Nov 2024

Venue: Insportz

For Sponsorship details & Team registration
please call **050 551 7984**

or mail to smartcup@smartlifefoundation.org

Organised by:



CDA's **HONOUR LABOUR** Initiative

هيئة تنمية المجتمع
Community Development Authority



Under the **AUSPICES** of

اللجنة الدائمة لشؤون العمال في إمارة دبي
THE PERMANENT COMMITTEE OF LABOUR AFFAIRS IN DUBAI



lets play football for a cause



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JOIN FORCES FOR A UNIQUE TOURNAMENT.
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For 12 years, we've successfully hosted annual cricket events, and this year, we're introducing football. With participation from 150+ corporations and consistent support from dignitaries, our event has been widely covered by major media outlets. To date, 30,000 blue-collar workers in Dubai have benefited. 2024 fund will be utilized for supporting blue-collar worker's children education.

INDOOR GAME RULES

- ▶ 5 players per side.
- ▶ Two 10-minute halves with a running clock, and a 2-minute halftime break (goalies switch ends).
- ▶ No offside rules, no slide tackling.
- ▶ Ball remains in play at all times.
- ▶ The goal area (D box) is marked with white boundaries in front of each goal.
- ▶ Players cannot shoot from inside the D box.
- ▶ For penalty shootouts and free kicks, shooters can only take one step back from the shooting point.
- ▶ Substitutions can be made during active play.
- ▶ Goalkeeper substitutions can only be made during time-outs.
- ▶ All players must wear athletic shoes (no studded shoes allowed).
- ▶ Winners are determined by goal difference, or by a penalty shootout (best of 3) if tied.

SMARTCUP TERMS

- ▶ Each team of 5 players (plus 1 substitute) must include at least 3 blue-collar players.
- ▶ Please provide proof of Blue collar status through name and salary during registration (Blue collar players have a salary of below AED 3,000 per month)
- ▶ Each team should have a team manager (SmartLife will contact only this manager)
- ▶ Registration form will be sent to you by mail
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Total prize money AED 8,000	Team Registration AED 2,500 +vat	8 Teams 17 Nov 2024 Venue: Insportz	For Sponsorship details & Team registration please call 050 551 7984 or mail to smartcup@smartlifefoundation.org
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